

# 10 Ways to Praise

These are not your average applause.



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## Cowpoke Cheer

Swing your hand over your head in a circular motion, like a lasso, and yell, "YEEHAW!"



## Firework Cheer

Rub hands together and make a sizzle sound. Keeping hands together, 'shoot' hands above the head, CLAP, and say "Ooo, Ahh!"



## Disco Cheer

Point your finger at an angle above your head, then downward to the opposite hip while singing: "That's the way {uh-huh, uh-huh} I like it!"



## Mirror Cheer

Start with hands above eye level and outline an imaginary mirror while saying, "Mm, mm, mm!"

Girls can then fluff hair. Boys can snap and point while saying, "Looking good!"



## Coaster Cheer

Lean head back like going up a roller coaster. with arms holding on to pretend bar. Say, "Click, click, click, click. . . " Then throw arms up while saying, "Weeee!"



## Raise The Roof

Pump open-face palms up and down in the air while saying,

"Woot!  
Woot!"



## Rain Cheer

Quietly start patting hands on legs. Gradually get louder (like rain). Clap loudly once (thunder). Slow hand slap on lap until quiet again.



## Na-na-na Cheer

Swing arms back & forth over-head while singing "Na Na, Hey Hey" (Kiss Him Goodbye) chorus, "Na na na na! Na na na na! Hey, Hey, Hey! GOOD JOB!"



## Snap & Cheer

To the theme from The Addams Family, sing "What a good job!" and whisper, "Awe-some!" every time you snap.



## Karate Cheer

With both hands at a 45° angle, circle them around each other then CHOP the air twice while you say, "Great Job!"

